

Trio+ *Specialist* benefit

For Trio HMO plan members

Blue Shield of California's Trio+ *Specialist* program offers convenience when Trio HMO plan members want to see a specialist, for the first time, without a referral.* Trio members can refer themselves to a specialist in the same medical group as their Primary Care Physician for a fixed copayment or coinsurance.

Trio *Specialist* visits

Your Trio+ *Specialist* visit can typically include examinations and other consultations as well as conventional X-rays and laboratory services.

For information about Trio+ *Specialist* visits for mental health and substance use disorder services, please see the "Mental health and substance use disorder" section of your plan's *Evidence of Coverage* for details.



Check your card!

As a Blue Shield of California HMO plan member, your Blue Shield member ID card will have an "T+" next to your primary care physician's (PCP) medical group or Independent Practice Association (IPA) if it offers the Trio+ *Specialist* option.

We can help you verify if your PCP's medical group or IPA participates in Trio+ *Specialist* or find a new PCP who belongs to a participating medical group or IPA. Just call Shield Concierge at the number on your ID card. You can locate providers online at blueshieldca.com/networkTrioHMO.

*A referral from your primary care physician is required if follow-up visits are needed.